



The World's Most  
Powerful and Personalized  
Wellness Application

Engagement • Wellness

Confidential and Proprietary





# Company Overview

EVŌ • Evolve.

“Helping humans live better lives using data”

Headquartered in Atlanta, GA

Recognized as one of the world’s most innovative companies in insurance



# Platform Overview – Life Insurance

## We unlock the value of health data



# End-To-End Solution – Life Insurance

We provide a single platform that translates data in near real-time for stakeholders

## Members



**Personalized wellness,  
benchmarking, engagement &  
competitions**

## Administrative Platform



**Group level reporting, alerts,  
dashboards, engagement tools  
including new business targeting**

## Innovation



**Deep insights, risk attribution,  
segmentation & more**



# Deep Learning

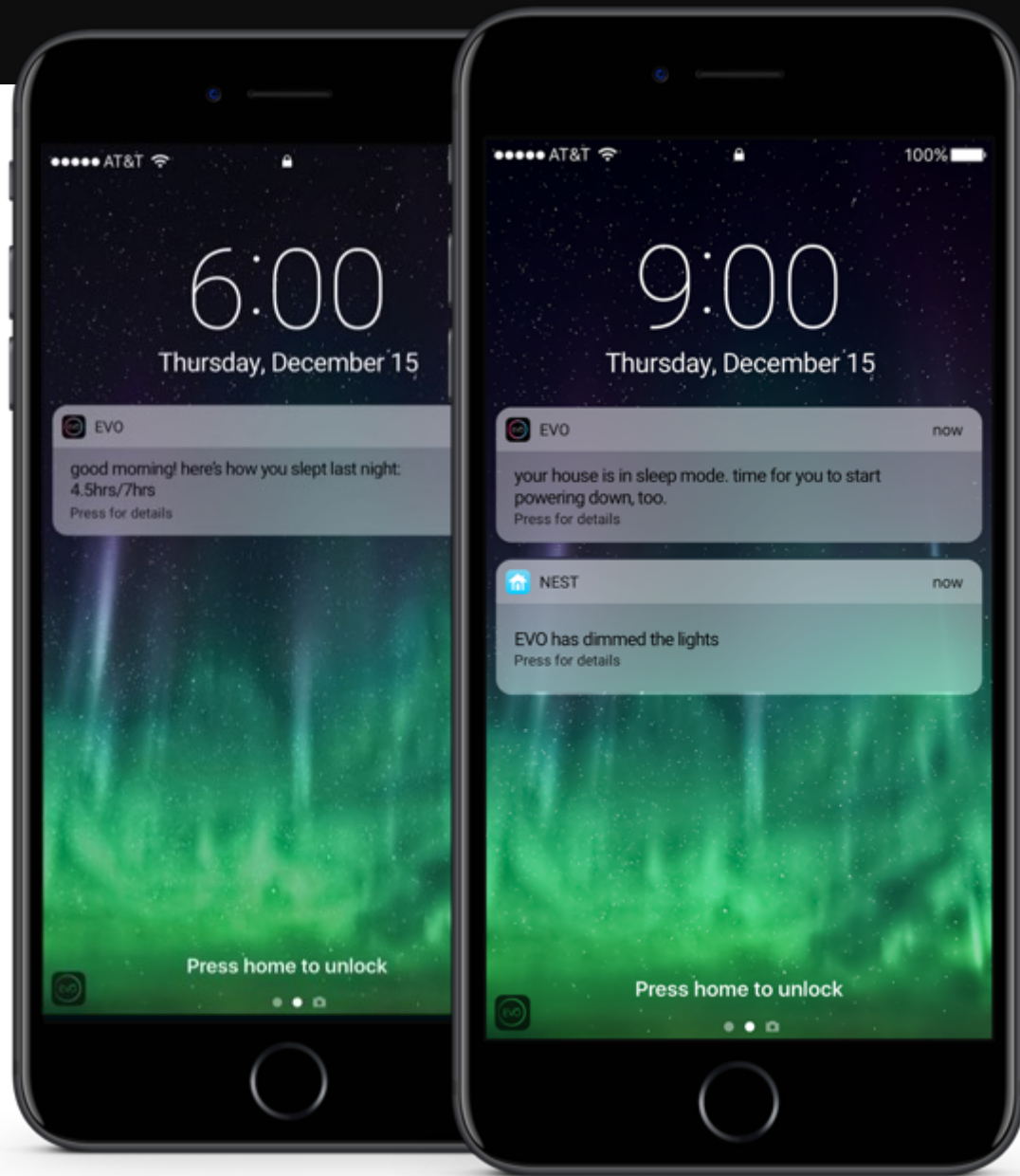
EVŌ is powered by Adaptive Voice™



**EVŌ learns from thousands of users in over 30 countries and more than 100 billion data points**












EVŌ's Adaptive Voice allows her to understand your customers and meet them where they are on their wellness journey



# EVĠ Segmentation By Archetype

EVĠ creates a unique, personalized profile and wellness program for each user based on a short personality questionnaire and the user's wearable data – making EVĠ uniquely personal.

Engagement through messages and content is targeted to each user based on their Archetype.

<b>Ally</b> 	<b>Helper</b> 	<b>Tutor</b> 	<b>Life Coach</b> 	<b>Sage</b> 
<p><b>Pre-contemplative:</b> “I can’t”</p> <p>This archetype does not yet feel that they can make behavior changes.</p> <p><b>Goal:</b> Create awareness of current behaviors; begin a positive engagement with EVĠ</p>	<p><b>Contemplative:</b> “I may”</p> <p>This archetype is thinking about making behavior changes, but feels change is difficult or doesn’t know how to change.</p> <p><b>Goal:</b> Generate excitement and construct rationale around changing behavior; promote a positive relationship with EVĠ</p>	<p><b>Preparation:</b> “I will”</p> <p>This archetype is strongly motivated to change their behavior and is planning how to do so.</p> <p><b>Goal:</b> Educate on how to make small sustainable behavior changes; promote EVĠ as an insightful and encouraging resource</p>	<p><b>Action:</b> “I am”</p> <p>This archetype is in the process of changing their behavior to form a new habit, taking consistent actions to build up to their goal.</p> <p><b>Goal:</b> Celebrating success, keeping momentum, and developing support networks; developing a relationship with EVĠ as an accountable partner and connector to like-minded others</p>	<p><b>Maintenance:</b> “I still am”</p> <p>This archetype has successfully adopted a new behavior for at least 6 months, but may be looking to continue to maintain the behavior, or supplement with auxiliary supportive behaviors.</p> <p><b>Goal:</b> Maintaining wellness as a lifestyle and renewable adventure; EVĠ becomes a trusted advisor messaging needs and inspirational sage</p>

# Trend Correlation Across Segments

Segmentation can take many forms depending on the desired target. With EV $\bar{O}$ , we find correlation across segments, which makes targeting simple based on Archetype.

- **Sages** are **most active** and have the **lowest Pre-Diabetic Risk Score**
  - Message 'Sages' with value added products and content
  - They'll tend to be healthier and display lower risk
- **Helpers** are **least active** and have the **highest Pre-Diabetic Risk Score**
  - Message 'Helpers' with educational content, benefits of more active lives, risks of possible diabetic trends
  - Higher risk of future diabetic conditions and higher mortality rates

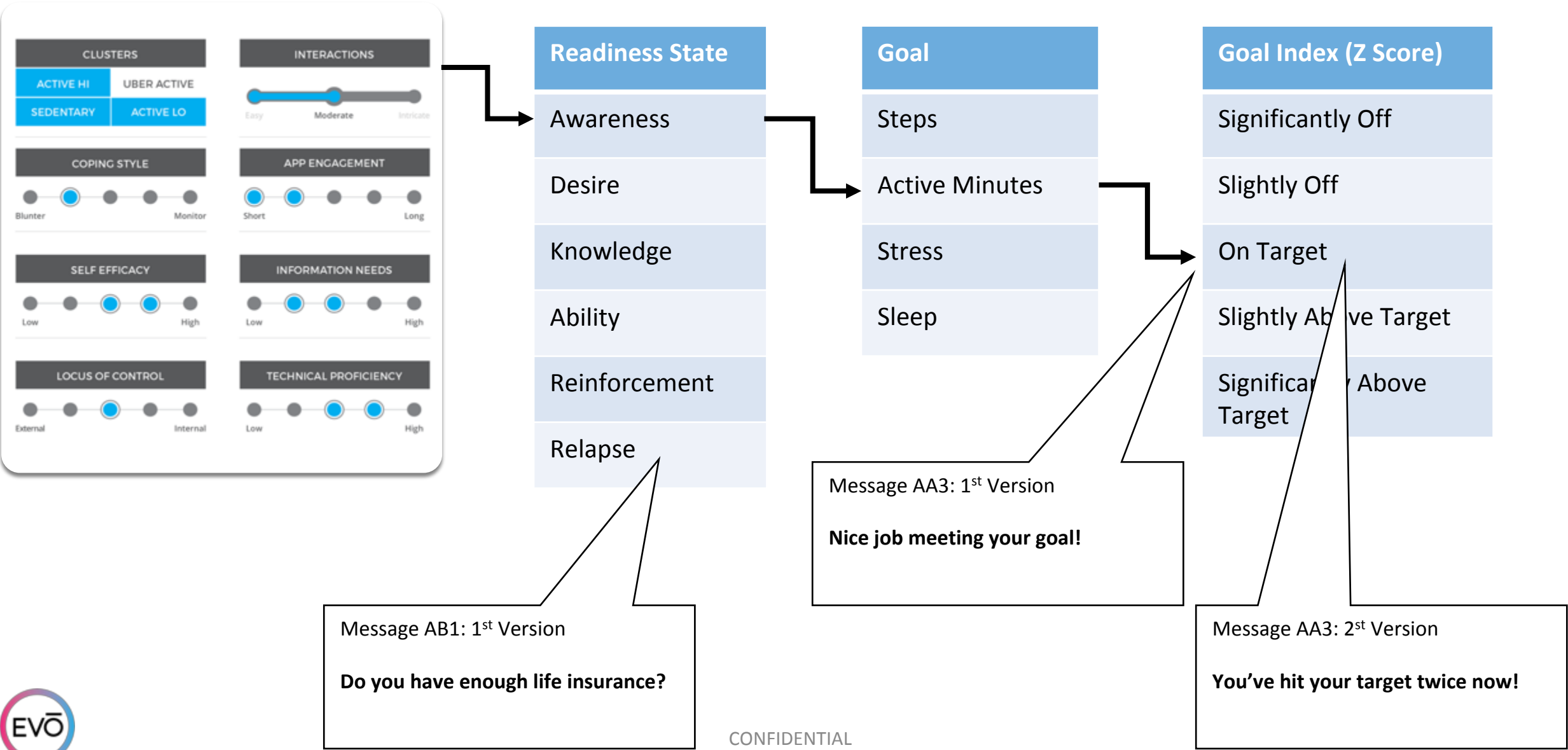
Activity Ranking	Archetype	BMI	Average Steps	Pre-Diabetic Risk Score	% of Population
1 (High)	Sage (I still am)	25	8,639	22.08	17%
2	Life Coach (I am)	27	8,172	38.69	44%
3	Tutor (I will)	29	6,097	37.59	29%
4 (Low)	Helper (I may)	29	5,120	48.04	9%

*Actual Member Data*





# Customizable and Flexible Engagement Journey



# Messaging Configuration & Themes



## Fitness Challenge



EVO

**The 'Company' fitness challenge is starting!**  
Our challenge will start on 2/5.



EVO

**Competition starts today!**  
Check EVO daily to see your progress and sync your data.



EVO

**Your effort is paying off!**  
Remember to sync your tracker with EVO through the end of the competition on 2/26.



EVO

**We're crunching the numbers**  
You've won the ultimate prize – a better you! Stay tuned for the next Humana challenge.

## Health & Wellbeing



EVO

**Feeling OK today?**  
We've noticed your activity levels have dropped



EVO

**Be the change, JP!**  
You're a role model. How can your recovery inspire others?



EVO

**Great progress, JP!**  
We know it is hard, but your activity levels are ahead of others like you.



EVO

**Positive outlook.**  
The road to recovery seems long, but every step gets you closer.



# User Engagement Survey Example: Diabetes

**MESSAGES** ✕

- **Managing Your Diabetes!**  
Tap here to take your post trial survey today!
- **Take it one step at a time.**  
Transformation doesn't happen overnight. Learn how to start.
- **Here's your recap, Rob**  
You've accomplished 6,400 steps today!
- **How are you feeling, Rob**  
Taking time for your health is a win for everybody. Go for a walk.

☰ ✕

- Log Sleep
- Log Heart Rate
- Log Exercise
- INFO NEEDED
- ! **Sleep Survey**
- ! **Diabetes Survey**

As a diabetic, when do you take your glucose readings throughout the day? ✕

- ☐ Before breakfast
- ☐ Before lunch
- ☐ Before dinner
- ☐ Before each meal

As a diabetic, how frequently do you take your glucose readings throughout the day? ✕

- ☐ Once a day
- ☐ Twice a day
- ☐ Three times a day
- ☐ Inconsistently – I tend to forget
- ☐ I don't regularly measure my glucose at home



# User Engagement Survey Example: Sleep

- Other associated program surveys can be delivered in app.
- Custom notifications can be created and delivered throughout the program

**MESSAGES**

- **How have you been sleeping?**  
Tap here to take your post trial survey today!
- **Take it one step at a time.**  
Transformation doesn't happen overnight. Learn how to start.
- **Here's your recap, Rob**  
You've accomplished 6,400 steps today!
- **How are you feeling, Rob**  
Taking time for your health is a win for everybody. Go for a walk.

**Log Sleep**

**Log Heart Rate**

**Log Exercise**

**INFO NEEDED**

**! Sleep Survey**

**! Diabetes Survey**

**How have you been sleeping ?**  
Please answer the following brief questions so we can better asses our findings.

How much sleep do you believe you get each night?

7 8 9

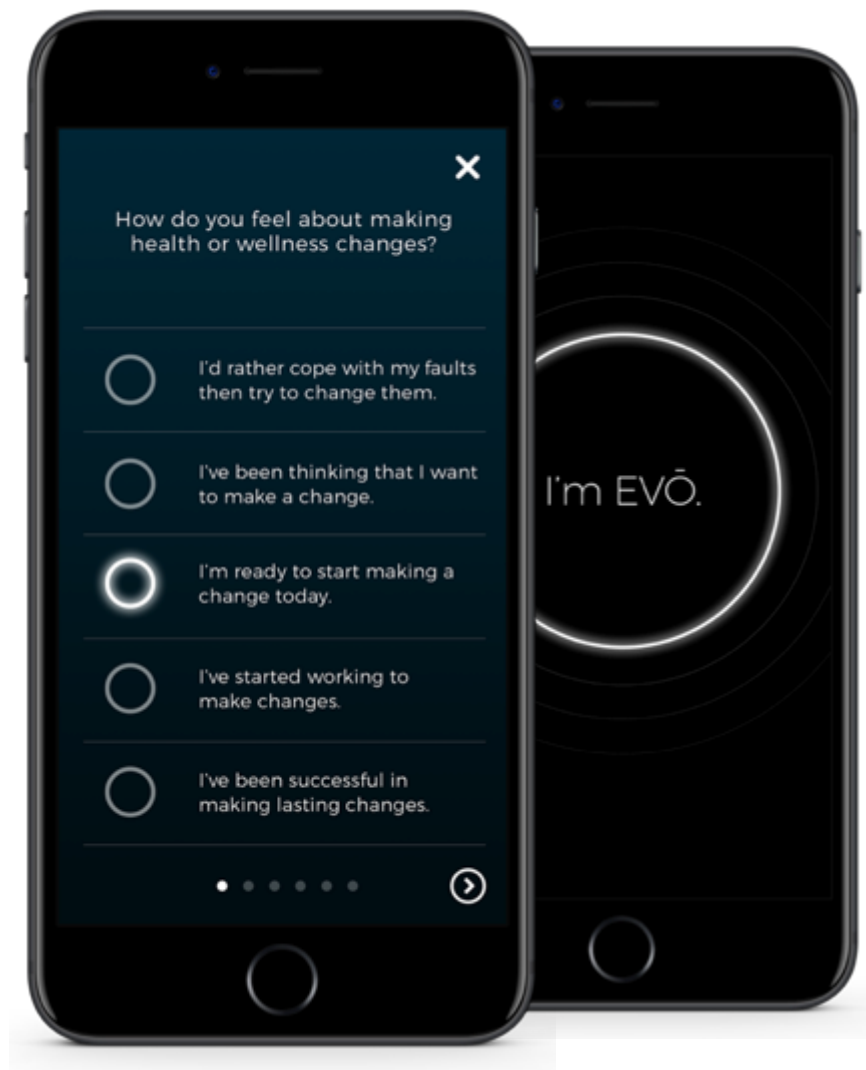
Do you toss and turn at night?

☐ Yes ☐ No

How often to you get up at night?

☐ None ☐ Once ☐ Twice or more

# Interactive Demonstration of the Customer Experience



Visit: <http://evo.science/demo/>



HOW WE MEASURE





# Initial Program Success Criteria

## Target Goal

On-board existing members and execute an engagement competition

- **Goal: 1,000 -5,000 Members**

Percentage of members that successfully registered and sync'd their data with EVŌ initially

- **Goal: at least 85% of registered EVŌ users**

Continuous Activity – Percentage of active EVŌ users that sync'd regularly during the competition

- **Goal: over 80%**

Continuous Activity – Percentage of active EVŌ users that sync'd regularly 4-6 weeks post competition

- **Goal: at least 40%**

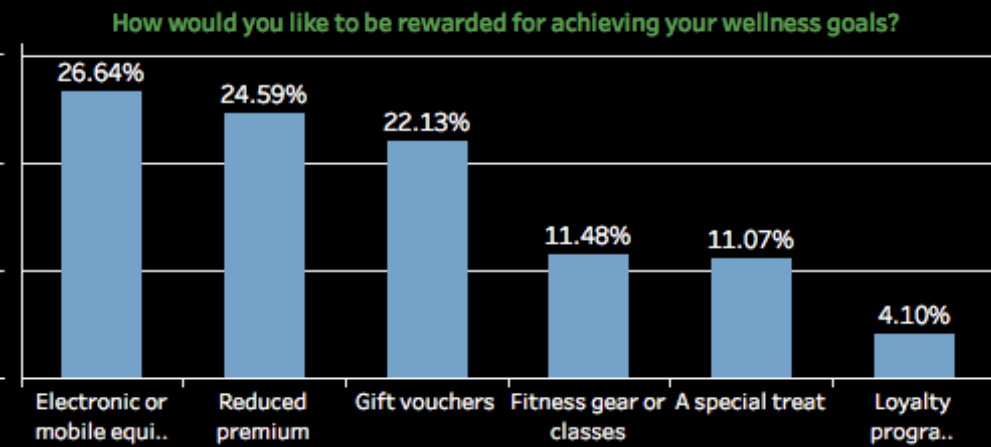
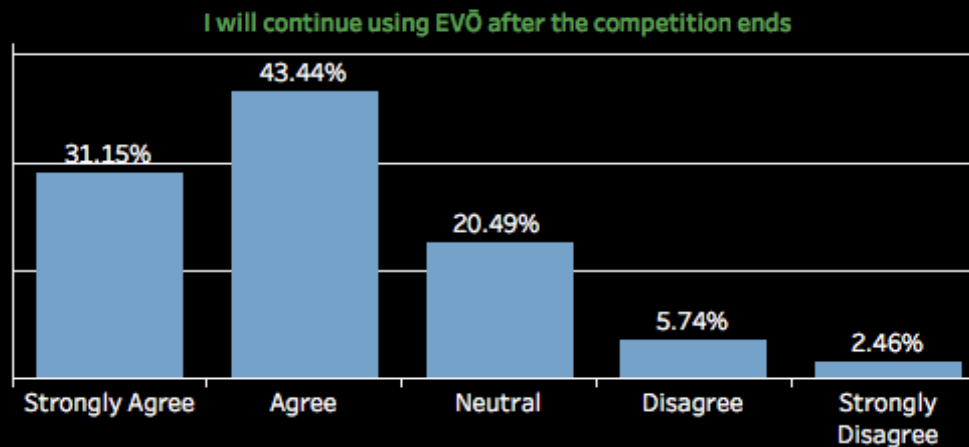
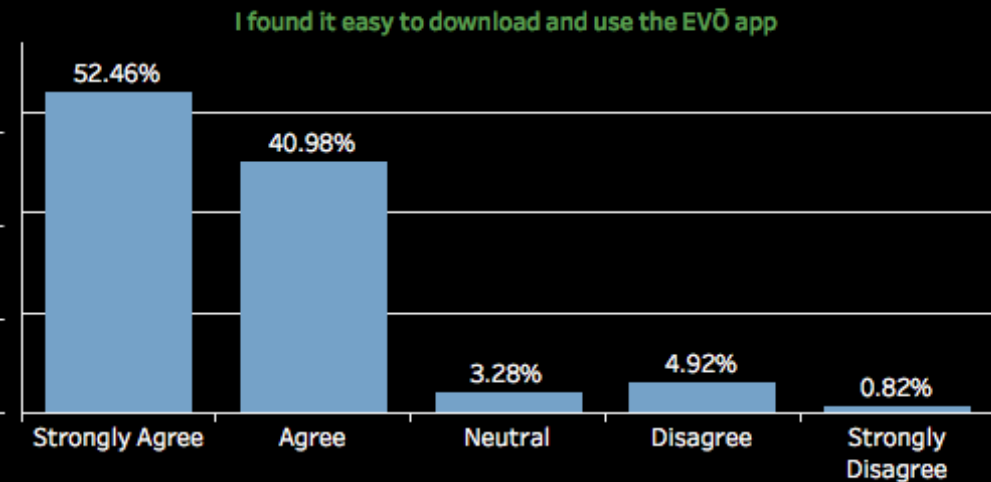
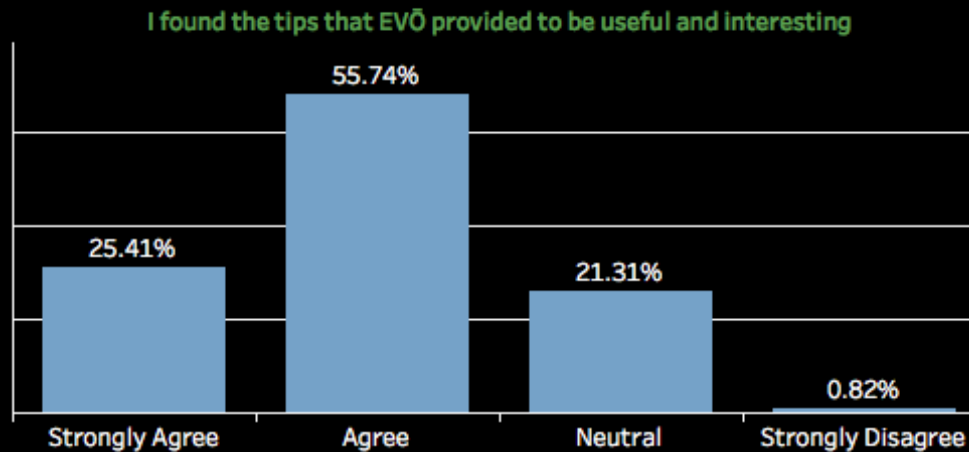
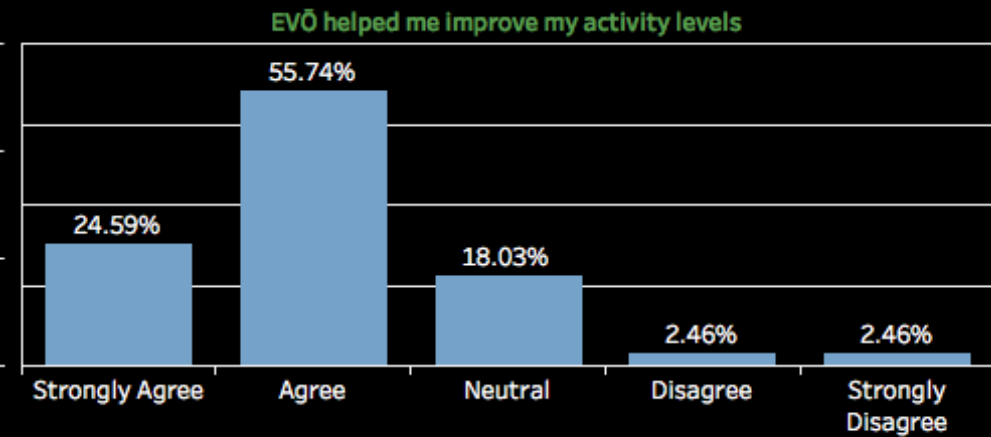
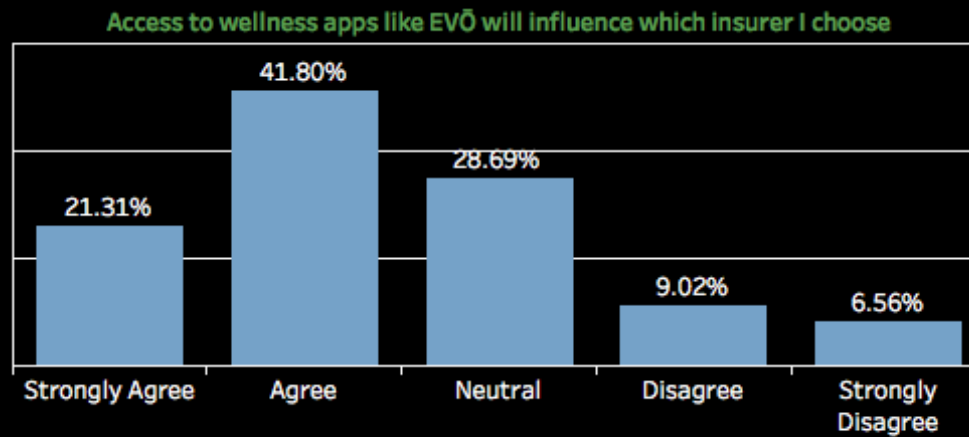
Percentage of active EVŌ users that opted to have notifications enabled in EVŌ

- **Goal: at least 75%**



# What Our Members Are Saying

*Life Insurance Population*



# Measured by Results

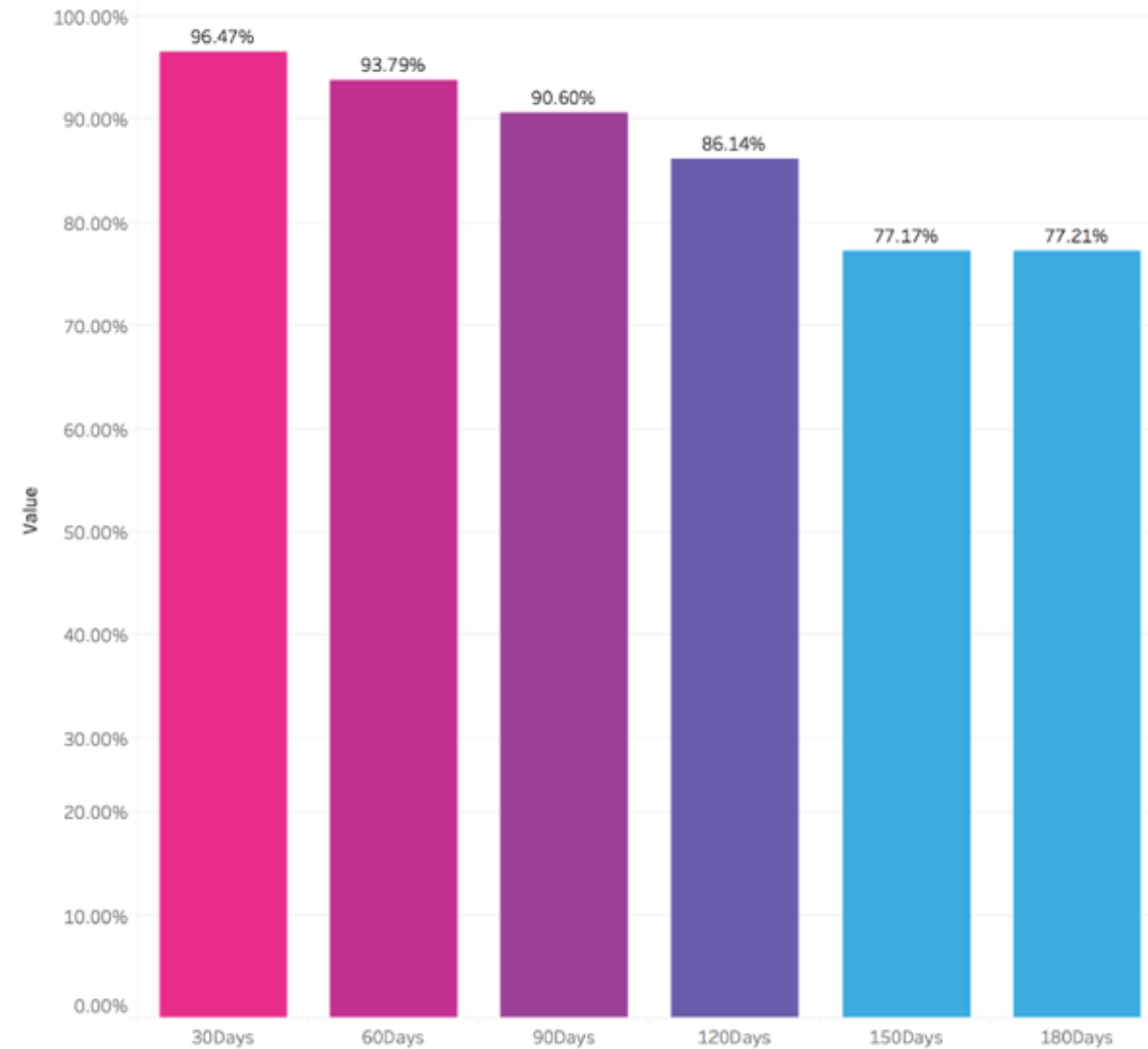
**Retention:** Over 75% of enrollees remain engaged after 6 months, and nearly 70% beyond 10 months

**Results:** Demonstrated nearly 10.5% improvement in activity levels above baseline within 4 weeks (across population)

**Achievement:** Over 75% individual based improvement in activity over baseline

**Prevention:** Projected 14% decrease in observed Pre-Diabetic Risk Score within 6 months

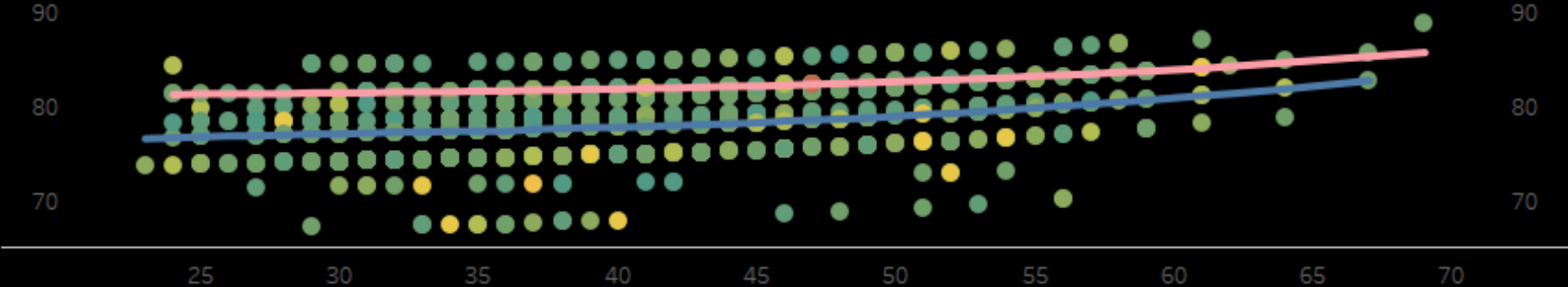
Percentage of people still wearing watch after X Days





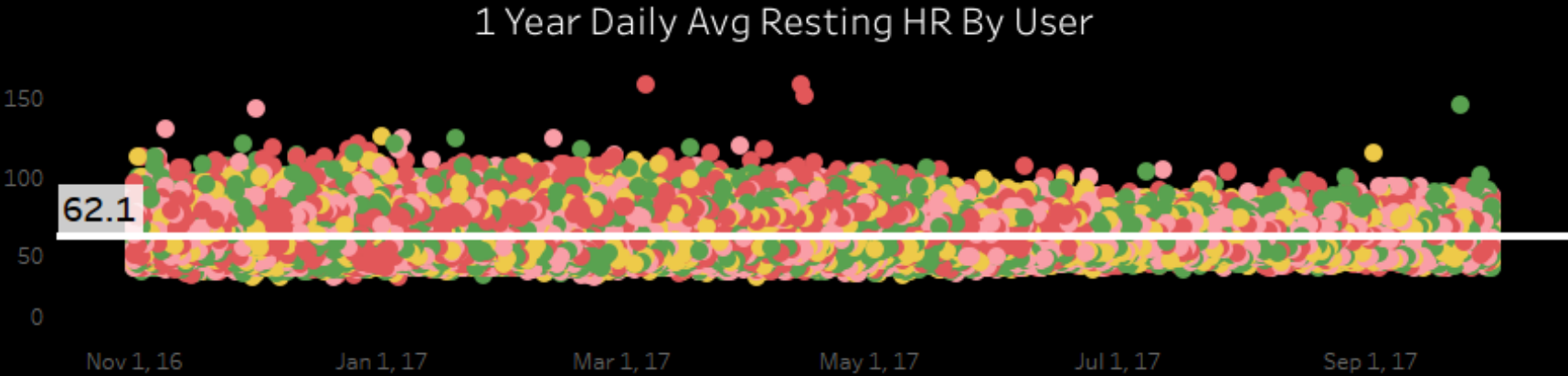
# Standard Life Expectancy Risk Spread

Population: ~ 900  
Period: ~ 2 years



Total Percentage of Customers Per Risk Segment

Healthy Risk: 20.9%  
Average Risk: 30.4%  
Slight Risk: 44.5%  
Significant Risk: 4.2%



User Id  
(Multiple values)

Gender  
☒ (All)  
☒ F  
☒ M

Gender  
F  
M

5 Yr Age Banding  
(All)

Total Sleep Mins  
0 1374

EVO Risk Coding  
☒ Healthy Risk  
☒ Average Risk  
☒ Slight Risk  
☒ Significant Risk

Min 5 Hour Average Sleep  
☒ (All)  
☒ Off  
☒ On

# Insights & Leader Boards

## Overall Steps - Leader Board 1

### Group A

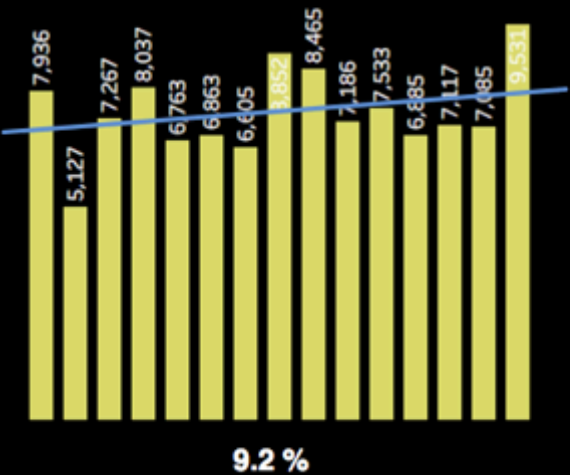
User	Archetype	Avg Steps
User 1	Sage	18,963
User 2	Sage	17,197
User 3	LifeCoach	15,423
User 4	LifeCoach	11,874
User 5	LifeCoach	11,799
User 6	Helper	11,654
User 7	LifeCoach	11,247
User 8	LifeCoach	10,780
User 11	Helper	8,840
User 10	LifeCoach	8,601

### Group B

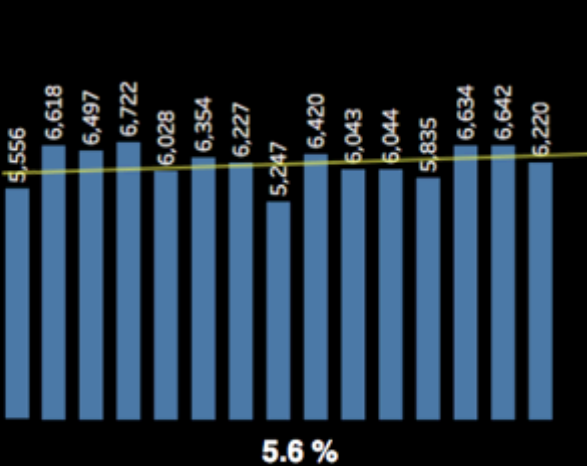
User	Archetype	Avg Steps
User 1	Sage	19,318
User 2	Sage	14,704
User 3	Sage	13,506
User 4	Helper	13,319
User 5	LifeCoach	11,925
User 6	Sage	11,739
User 7	Tutor	9,704
User 8	LifeCoach	9,553
User 11	LifeCoach	9,479
User 10	Tutor	9,430

## Average Steps By Day

### Group A



### Group B

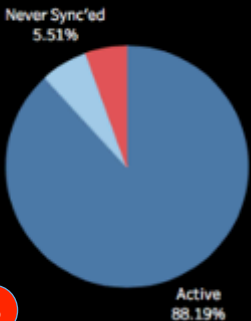


- 1 Leader Boards
- 2 Activity Improvements
- 3 Population Insights

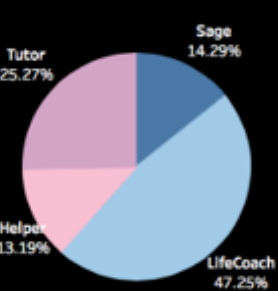
## Population Overview

Your population currently has 1,273 registered members

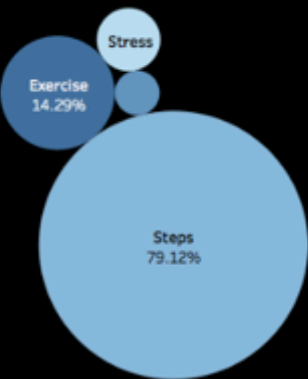
Active User Percentage



Archetype Distribution



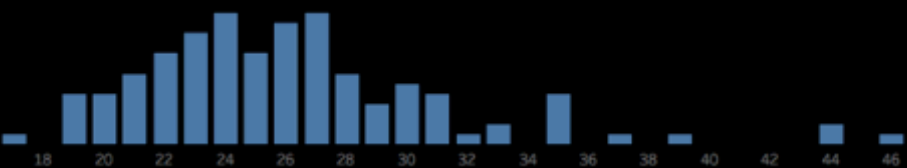
Focus Area Distribution



3

	Age	BMI	Steps <sup>1</sup>	Active Mins	Sleep
Sage	37	24	13,242	148	6.60
Helper	40	29	8,589	62	7.31
LifeCoach	36	27	7,316	58	6.93
Tutor	41	25	6,046	49	7.60

BMI Distribution

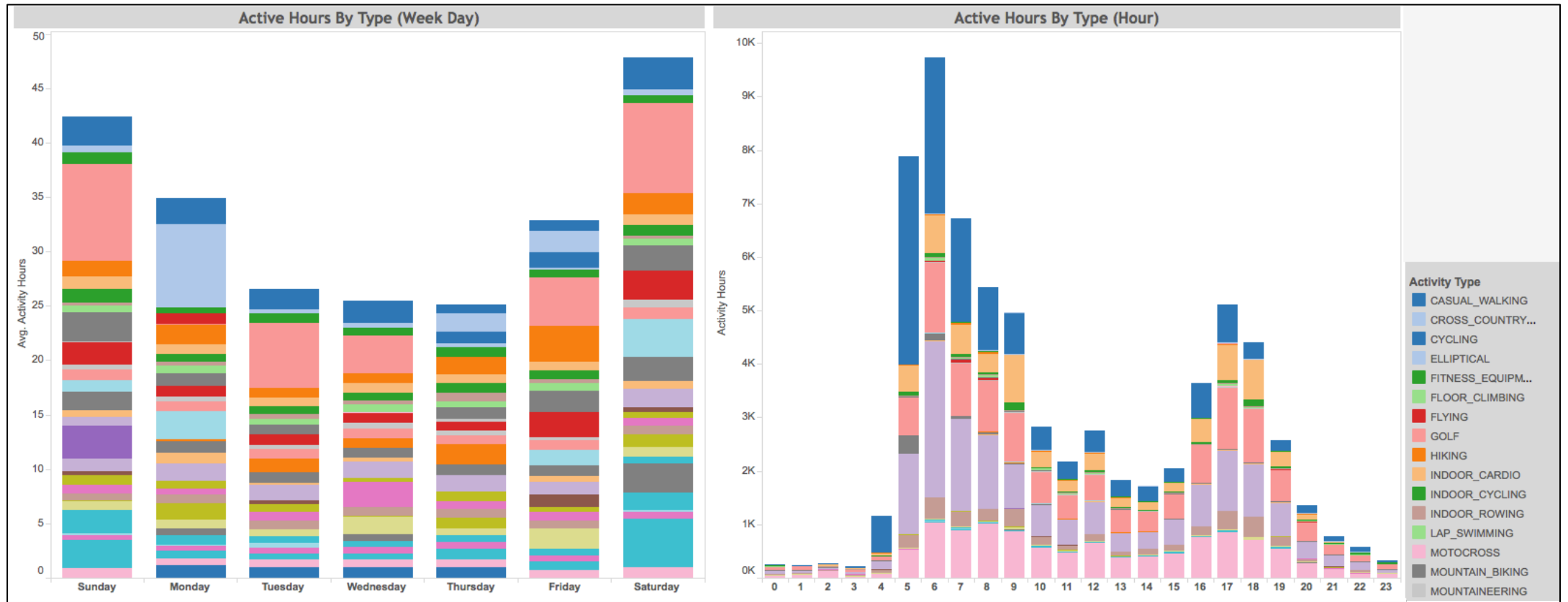


# Member Behaviors: By Type, Day of Week, Hour of Day

Depending on data source, EVÖ will collect a great deal of data, allowing for precise targeting as needed:

- Who's Walking, Running, Swimming, Golfing
  - Custom/targeted content based on product offers and greatest member value
- Who's active on the weekends
- Who's sedentary during the week
- Who's walking/running/cycling in the mornings
- Who's walking home after work

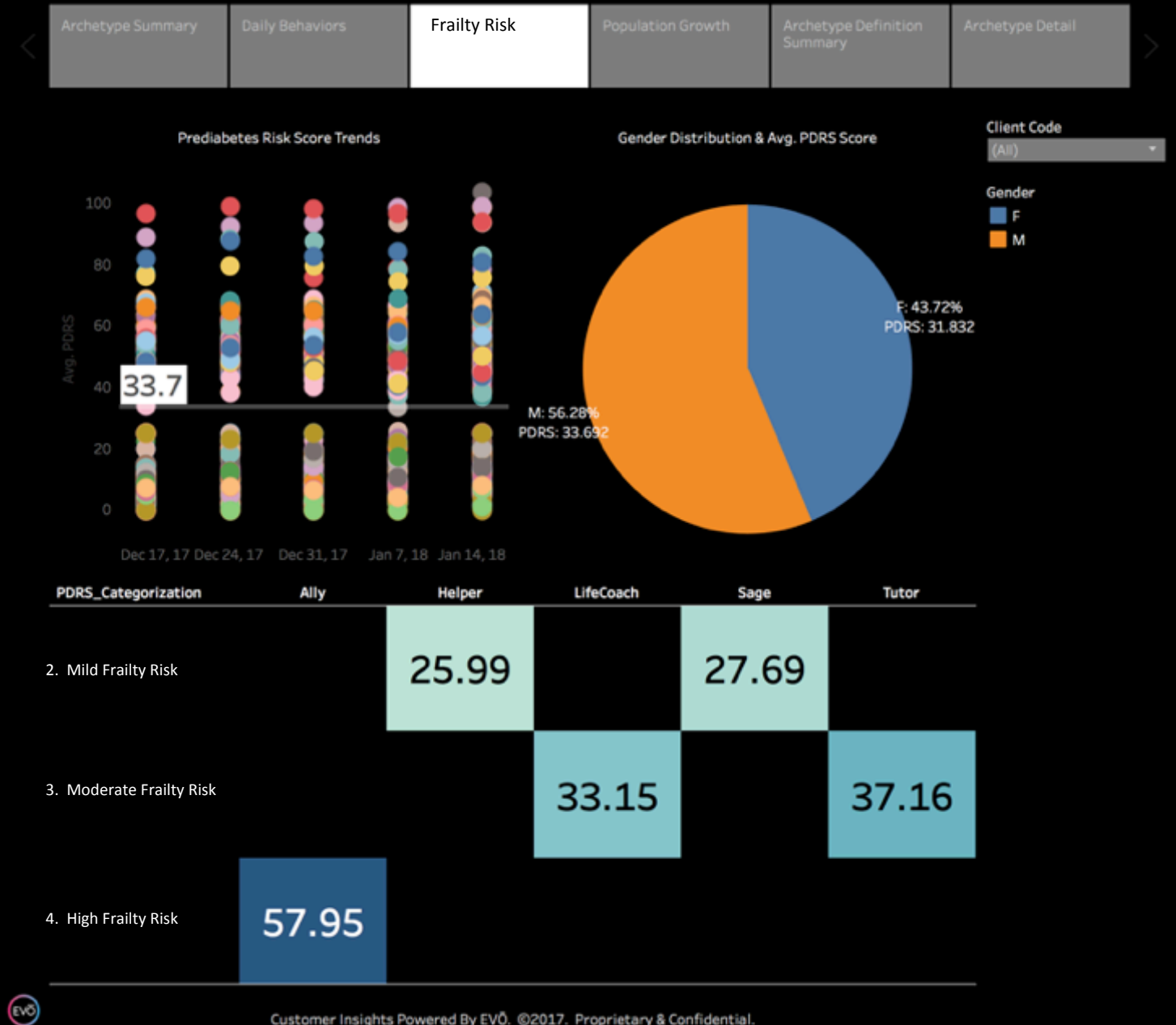
*Actual Member Data*



# Health Scores & Monitoring

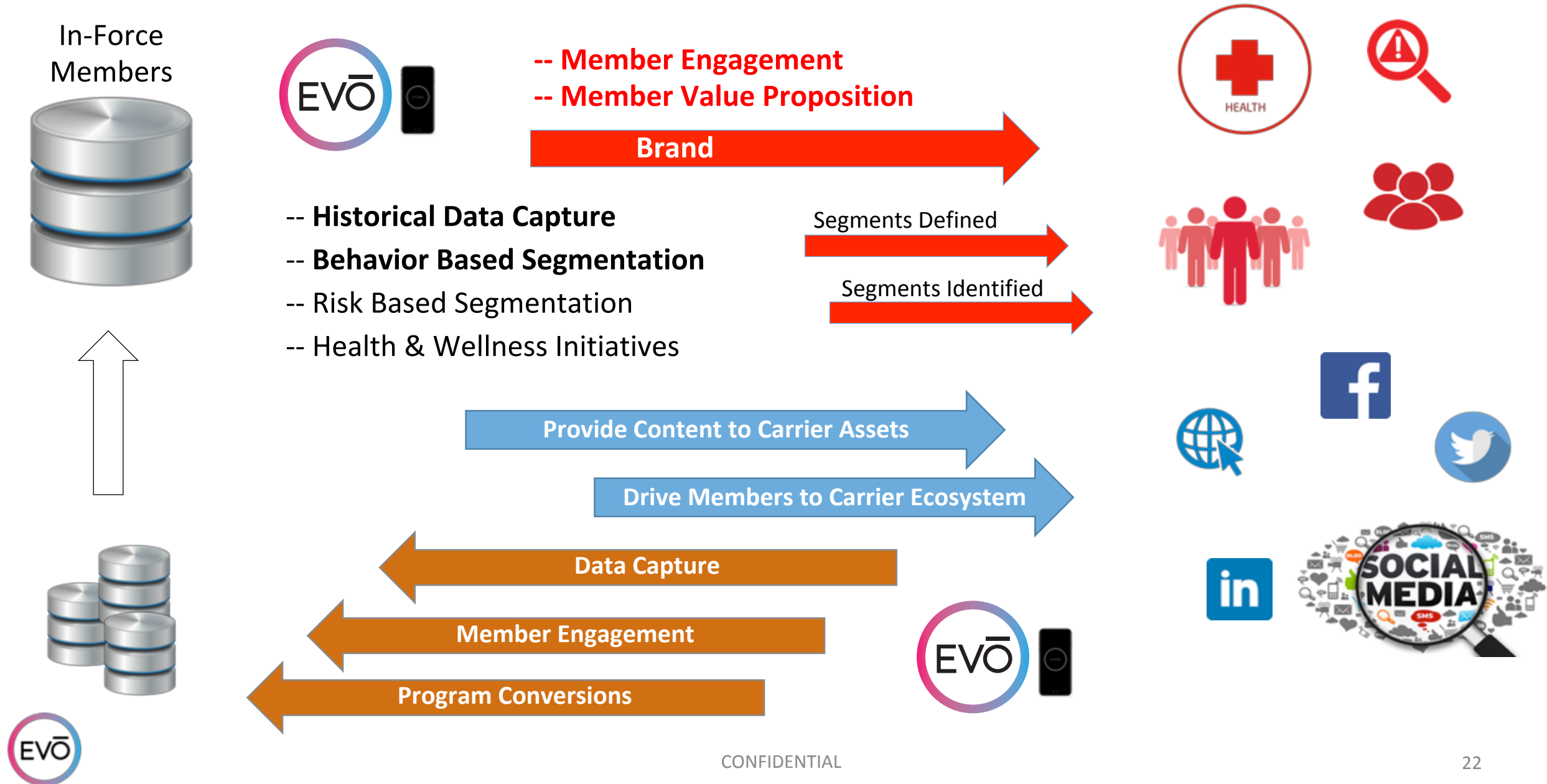
Health Scores & Insights are provided daily to allow for action, change and analysis

- Frailty Risk
- Pre-Diabetic Risk
- Heart Rate Variability
- Gate Speed Analysis
- Sleep Mechanics

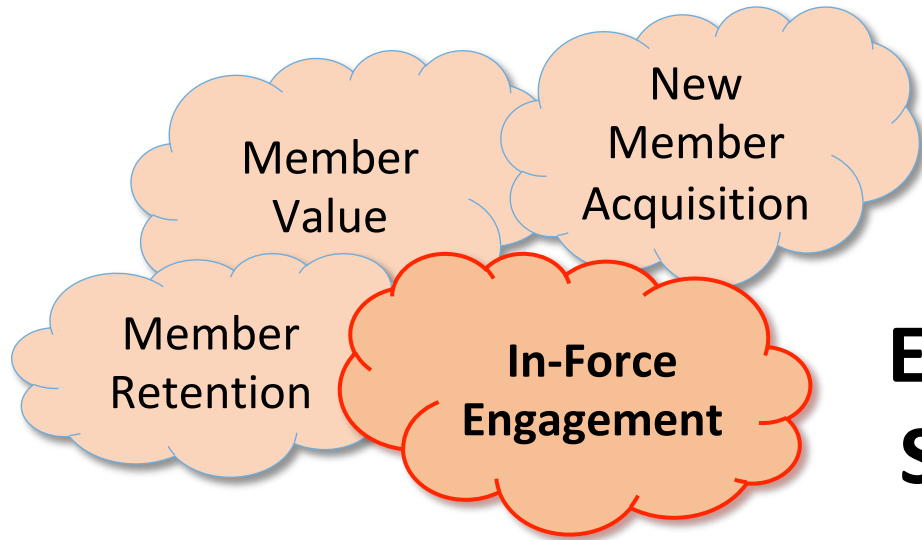




# EVŌ Delivers Content, Messaging & Offers to Members



# Use Case Considerations



## Engagement & Segmentation

